

New for Summer



We are encouraging feedback from pupils (and school staff) via our School Food Ambassador Programme. Please ask for details.

Food Theme Days

SIPS Catering works with schools to develop food related Theme Days adding fun, inspiring children to try a school meal and taste new flavours. Look out for the next exciting theme days...



Is there such a thing as a free school lunch?

It's certainly worth checking...

A freshly prepared meal offers young minds the chance to re-fuel for the afternoon's learning, gaining all important nutrients, and the good news is it may not cost a penny.

Apply today

School meals for Reception, Year 1 & 2 are free regardless of circumstances. They are worth over £400 per child, each year.

Older children in Years 3-6 may still be entitled to free school meals. Why not apply to find out?

Check Today

To apply for free school meals please visit:
www.gov.uk/apply-free-school-meals

School Meals Menu



Food is our passion,
Education catering is our specialism

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- ✓ Freshly prepared food options
- ✓ Balanced and nutritious
- ✓ Available every day at school

mission:
nutrition

Week Commencing:

16/04/2018
07/05/2018
04/06/2018
25/06/2018
16/07/2018
17/09/2018
08/10/2018

Week 1

MONDAY

MAINS

1. Fish Fingers, mash, peas
2. Quorn and Sweet Potato Curry (v), with brown and white rice and naan bread, assorted salad

DESSERTS

fruit flapjack and custard
butterscotch mousse **NEW**
fresh fruit platter

TUESDAY

MAINS

1. Beef Lasagne, herby diced potatoes, sweetcorn or assorted salad
2. Meat Free Sausage Roll (v) **NEW** herby diced potatoes, baked beans sweetcorn or assorted salad

DESSERTS

hot chocolate fudge cake and chocolate sauce
Muller yoghurt
melon slices

WEDNESDAY

MAINS

1. Roast Of The Day and gravy, roast potatoes, parsley potatoes, carrots, cauliflower
2. Vege Bolognese with pasta twists (v), garlic bread and assorted salad

DESSERTS

lemon drizzle cake and custard
cheese and biscuits with grapes
pineapple in fruit juice

THURSDAY

MAINS

1. Sweet Chilli Chicken Breast **NEW**, jacket wedges, mixed vegetables or assorted salad
2. Loaded Pizza (v), baked jacket wedges, mixed vegetables or assorted salad

DESSERTS

banana and custard
vanilla ice cream tub
fresh fruit salad

FRIDAY

MAINS

1. Fish & Chips, peas or assorted salad
2. Mac and Cheese (v), peas or assorted salad

DESSERTS

apple viennese and custard **NEW**
fruit jelly
fresh fruit platter

Week Commencing:

23/04/2018
14/05/2018
11/06/2018
02/07/2018
03/09/2018
24/09/2018
15/10/2018

Week 2

MONDAY

MAINS

1. Barbecue Chicken **NEW**, savoury rice or baked potato wedges, coleslaw, peas
2. Cheese and Onion Lattice Finger (v), savoury rice or baked potato wedges, coleslaw, assorted salad

DESSERTS

shortbread and custard
arctic roll
fresh fruit salad

TUESDAY

MAINS

1. All Day Brunch, (bacon, sausage, omelette, baked beans, hash brown) or 1. All Day Vegetarian Brunch, (vegetarian sausage, omelette, baked beans, hash brown)
2. Jacket Potato with cheese and baked beans (v), assorted salad

DESSERTS

fruit muffin and custard
Muller yoghurt
fresh fruit platter

WEDNESDAY

MAINS

1. Braised Beef with onion gravy and Yorkshire pudding, roast potatoes, boiled potatoes, broccoli, carrots
2. Southern Style Quorn Burger (v), roast potatoes, boiled potatoes, broccoli, carrots

DESSERTS

pancakes and fruit
cheese and biscuits with apple
peaches in juice

THURSDAY

MAINS

1. Chicken Masala, brown and white rice and naan bread, assorted salad
2. Loaded Pizza (v), oven baked potato wedges, sweetcorn, assorted salad

DESSERTS

chocolate cracknel and custard
fruit jelly
melon slices

FRIDAY

MAINS

1. Fish & Chips, peas or assorted salad
2. Chilli Wedge Bake (v), **NEW** chips, peas or assorted salad

DESSERTS

melting moments and glass of milk
strawberry mousse
fresh fruit salad

Week Commencing:

30/04/2018
21/05/2018
18/06/2018
09/07/2018
10/09/2018
01/10/2018

Week 3

MONDAY

MAINS

1. Pork or Vegetarian Sausage, Yorkshire pudding and gravy, mash, mixed vegetables
2. Vegetable and Bean Burrito (v), mixed vegetables or assorted salad

DESSERTS

oaty apple crumble and custard
Muller yoghurt
pineapple in juice

TUESDAY

MAINS

1. Breaded Chicken Breast Wrap **NEW**, sauté potatoes, assorted salad, sweetcorn
2. Vegetable Lasagne and Garlic Bread (v), assorted salad, sweetcorn

DESSERTS

Cornflake tart and custard
toffee yoghurt ice cream or vanilla ice cream tub
fresh fruit salad

WEDNESDAY

MAINS

1. Roast Of The Day and gravy, roast potatoes, boiled potatoes, carrots, broccoli
2. Cheese and Potato Pie (v), carrots, broccoli or assorted salad

DESSERTS

cherry sponge and custard
fruit jelly
fresh fruit platter

THURSDAY

MAINS

1. Beef Bolognese, served with spaghetti and garlic bread, assorted salad
2. Loaded Pizza (v), jacket wedges, sweetcorn, coleslaw, assorted salad

DESSERTS

carrot cake and custard
chocolate mousse
melon slice

FRIDAY

MAINS

1. Fish & Chips, peas or assorted salad
2. Vegetable Burger or Vegetable Finger (v), chips, peas or assorted salad

DESSERTS

cocoa crunch cookie
Muller yoghurt
fresh fruit salad